



# Your Physio

Adding Years To Life

**Physiotherapy | Rehabilitation | Recovery**

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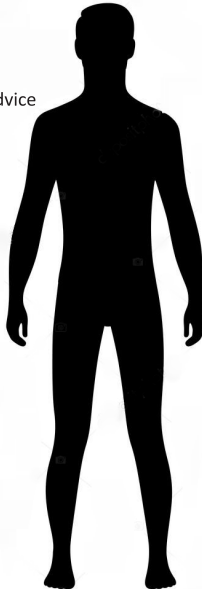
## CONDITIONS WE TREAT

### MUSCULOSKELETAL PHYSIOTHERAPY

Assessment , Diagnose And Advice  
Joint And Muscle Pain  
Back Pain  
Sciatica  
Joint Osteoarthritis  
Frozen Shoulder  
Shoulder Impingement  
Gait Conditions

### POST-OP REHAB

Total Knee Replacement  
Total Hip Replacement  
Bony Fracture Rehabilitation  
Tendon Repairs



### SPORT PHYSIOTHERAPY

Ankle Sprain  
Muscle Injury /Strain  
Shin Splints  
Tendinitis  
Joint Pain  
Fitness Solution

### NEUROLOGICAL PHYSIOTHERAPY

Stroke  
Spinal Cord Injuries  
Bell 'S Palsy  
Cerebral Palsy  
Diabetics Care And Exercises